

# WEEK 4: FATHERHOOD

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A Wise Woman Builds Her Home

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Written by Sabrina Kamembo

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## DAY 1- FATHERHOOD BAGGAGE

*"I will be a Father to you, and you will be my sons and daughters, says the Lord Almighty." 2 Corinthians 6:18 (NIV)*

I was in the third grade when my father walked out on us. One of the most important things you lose while growing up without a father is the sense of protection and covering. While these prove to be a great need, you either develop a false sense of self-sufficiency that causes you to be numb to the need, or you try everything to fill that void. Either way, God created us with the need for fatherhood and all that it embodies.

The more things don't look like God's original intent, the more we steer away from Him as humanity. The brokenness we face takes our eyes off of God and puts us in a place of just needing to survive. We cannot choose what happens to us as children. We cannot dictate how people take on the responsibilities that they have been given as parents. But we can change our perspectives and mindsets so that we can heal and place our focus, everyday, on Jesus and what His plan is.

Knowing the character of God is the foundation for godly wisdom. We need to know who God is as a Father, without using our earthly fathers as references. God is a protector and a provider. When we know this truth, it's easier to trust Him. That is where true healing begins.

***Here are scriptures to study about the character of God, the Father:***

***Psalms 18:30***

***Matthew 6:26***

***John 3:16***

***James 1:17***

***2 Peter 3:9***

***1 John 1:5***

***Psalms 116:5***

***Psalms 68:19-20***

***1 Samuel 16:7***

***Hebrews 1:3***

***John 14:6***

***Romans 5:5***

***Romans 5:8***

## DAY 2- HEALING

*"Then you will know the truth, and the truth will set you free." John 8:32*

We learnt last week with motherhood baggage, that living angry at what was done to you causes you to be blinded to what God intended for your life. Blindness causes us to miss God's intention, His character and His plan.

### **What is God's plan?**

1. For you to be healed and whole. (Exodus 15:26)
2. For you to know Him at a deeper level. (John 17:3)
3. For Your only reference of love, protection and provision to come from Him, and not from humanity. (Ephesians 3:18-20)
4. For you to live a full and healthy life, unbound by unforgiveness and pain. (John 10:10)
5. For you to obey Him so that He can bless your generation. (Psalms 128:1-2)

### **Prayer**

God, I thank you for Your love. I thank You for loving me so much that You will not leave me as I am. I pray for Your healing power in this area \_\_\_\_\_ (name it/them down). Lead me in this process as I heal. I receive Your healing and Your plan for my life. In Jesus' Name, Amen.

## DAY 3- CHANGING THE STORY

*"Then you will know the truth, and the truth will set you free." John 8:32*  
*"But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light. Once you were not a people, but now you are the people of God; once you had not received mercy, but now you have received mercy." 1 Peter 2:9-10*

As much as we cannot change the past, we have choices to make for our future. What you do today will set you up for your future. The way you handle the effects that the past has had on you will determine where you go from here. God has given you a new map to follow so that the same cycles of darkness will not repeat themselves. As you begin to intentionally follow this new life, ask yourself these three questions.

1. What choices and changes do I need to make in order to fully submit to God?
2. What intentional systems have I put into place to make those changes?
3. In these choices and changes, how am I actively seeking godly wisdom?(without relying on your intellect)

*Pray this prayer in Matthew 6:9-13, and allow God to open your eyes and heart to see, hear and receive it differently.*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done, on earth as it is in heaven.  
Give us today our daily bread.  
And forgive us our debts,  
as we also have forgiven our debtors.  
And lead us not into temptation,  
but deliver us from the evil one.**

**Yours is the Kingdom, the Power and the Glory. Forever.**

**In Jesus Name, Amen**

## DAY 4- GOD THE FATHER

*“The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing.” Zephaniah 3:17*

Write down the key things that you have learnt about God as a Father within the past week. What characteristics stood out for you the most? Make sticky notes and have them on a wall where you can see them. Remember, everything in your life that is the opposite of God’s character and His heart for you is outside of His intention. The choices that you make need to be based on what you know about God, not what the world has painted Him to be.

God is patient.

God is kind.

God’s love is not passive.

God is intentional.

God is not insensitive.

God is your Father.

***Add to this list and meditate on them everyday until the truth about God’s character becomes a part of you.***

## DAY 5- WHAT'S NEXT?

*"Do not be afraid. Stand firm and you will see the deliverance the Lord will bring you today. The Egyptians you see today you will never see again. The Lord will fight for you; you need only to be still." Exodus 14:13-14*

When it was time for the Israelites to cross the Red Sea, they did not know what was waiting for them on the other side. They knew enough about God to trust that He would come through for them, even though they did not know how. They had seen signs and wonders and had heard stories leading up to this big moment. About the wonder and splendor of the Most High God. It is okay to have moments of lamenting for all the things you have had to let go of and navigate in this season, but you can trust that God will not leave you in front of your Red Sea. Your decision to pursue His way, His will and His wisdom can feel scary. It feels like new territory. But on the other side lies your victory, your freedom and your breakthrough. Not just for you, but for generations to come. Be still and hold on to Him.

You can cross over. God's got you.

### Prayer

**Thank You, God for fighting for me, and opening my eyes to see. Give me the strength to hold onto Your hand as I cross over. Help me to trust You when it gets hard and when people do not understand. I let go of wanting to control my life. I invite the peace of Your Holy Spirit to cover my heart. Help me to be still and wait on You. I thank You for the victory that lies ahead. In Jesus' Name. Amen.**